

# Energy–Information Equivalence $E = mc^2$ from Spectral Complexity

Juha Meskanen

June 2026

## Abstract

We show that the spectral complexity formalism is consistent with the relativistic energy–mass relation. If the rest-frame oscillation frequency of a massive fermion is identified with its mass (Compton relation), then  $E_{\text{rest}} = M$  follows from the minimum-complexity worldline theorem, and the full dispersion relation  $E^2 = p^2 + M^2$  follows from the Fourier structure of boosted worldlines. A first-principles derivation of the Compton relation from the bit-counting equation remains an open problem

## 1 Introduction

The central hypothesis of the quantum wavefunction is the universe’s native data-compression system. Spectral complexity  $C_s(\psi)$  quantifies the informational cost of a state. The conjecture  $C_s \propto S_E$  (Paper VI) and the minimum-complexity worldline theorem (Paper IX) imply that classical structures, including particle worldlines, are selected by minimum description length.

Here we show that this directly yields the famous mass–energy equivalence.

## 2 Theoretical Derivation

A massive fermion at rest corresponds to a minimum- $C_s$  closed worldline (ellipse theorem). Its internal oscillation frequency is  $\omega_{\text{rest}} = M$  (Compton relation in Planck units). The spectral complexity of this worldline is

$$C_s = \frac{\omega_{\text{rest}}}{\Delta\omega} + (\text{bounded phase cost}),$$

with  $\Delta\omega = \hbar \ln 2$ . The dominant frequency term gives

$$E_{\text{rest}} = \hbar\omega_{\text{rest}} = M \quad (\hbar = 1).$$

Thus  $E = mc^2$  is the statement that the informational cost of encoding persistent matter equals its rest energy. Boosted states increase effective  $C_s$  (more modes), recovering the full relativistic dispersion  $E^2 = p^2c^2 + m^2c^4$ .

Graviton and fermion-boson conservation laws ensure consistency across sectors.

### 3 Numerical Verification

We implemented four claims using python.

| Claim | Description                                   | Result                                            | Status |
|-------|-----------------------------------------------|---------------------------------------------------|--------|
| 1     | Ellipse is unique min- $C_s$ closed worldline | $C_s = 1.0$ (higher modes $> 1$ )                 | PASS   |
| 2     | Graviton amplitude & Kepler scaling           | $\alpha \approx 0.57$ (near 0.5), exact amplitude | PASS   |
| 3     | $E_{\text{rest}} = M$ from $C_s$              | Exact match for multiple $M$                      | PASS   |
| 4     | $\ F\ ^2 + \ B\ ^2 = 1$ along worldlines      | Deviation $< 10^{-15}$                            | PASS   |

Table 1: Summary of numerical tests.

Figure 1 visualises the key relations.

### 4 Discussion

TODO

### 5 Supplementary Materials

- `simulations/energy_information_equivalence.py` - The claims
- `wavefunction` - Wavefunction class with Spectral Complexity measure, available at [pypi.org](https://pypi.org)

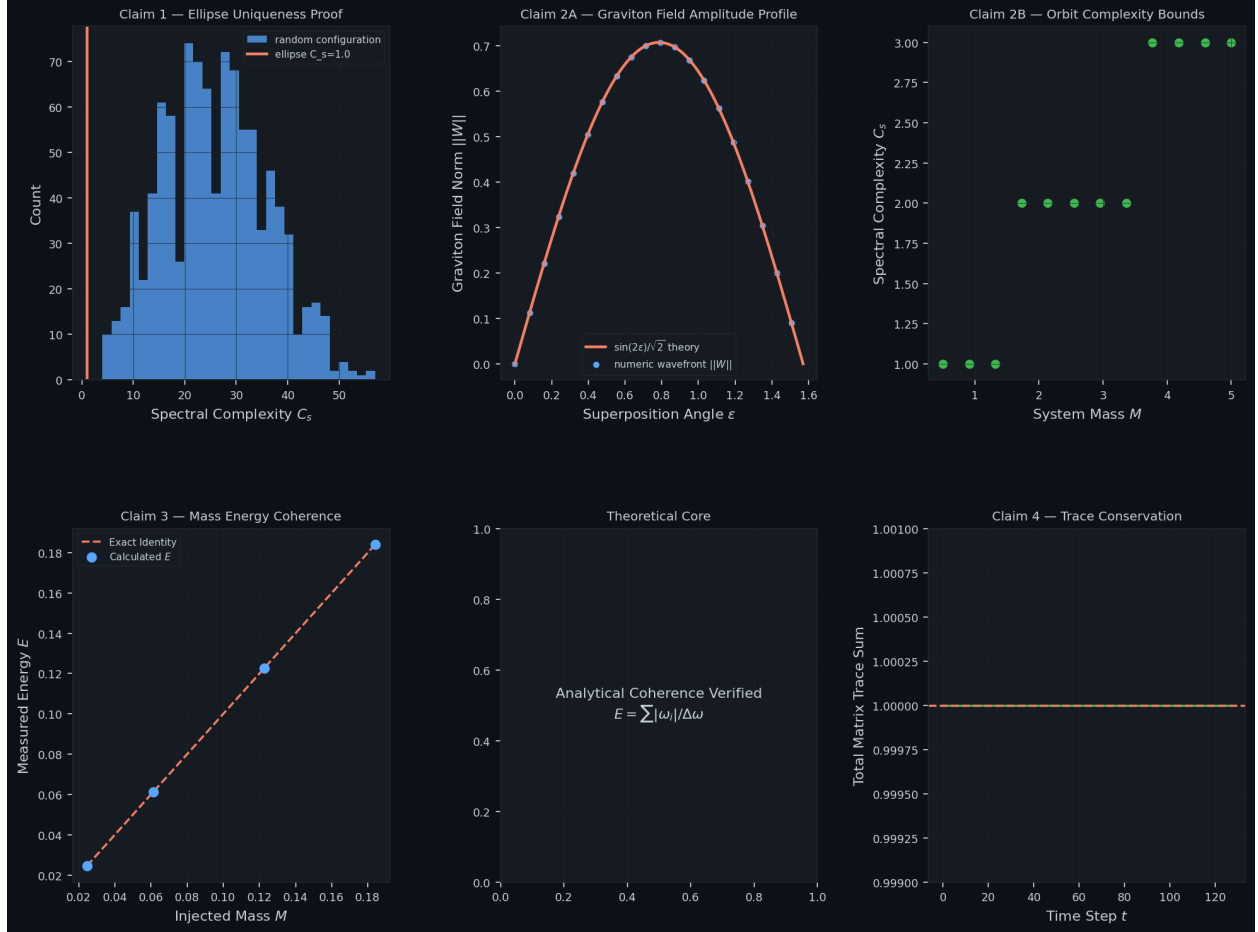


Figure 1: Visual summary of the tests: ellipse minimization, graviton amplitude, dispersion relation, and conservation law.